

International COACH SEMINAR – Basic skills in Roller Skiing

3-5 May 2019 in Cheile Gradistei in Romania



TOPIC: Basic Skills/Agility training/Parcour in Roller Skiing From Children to Junior level

FLS Sub. Committee Cross-Country Youth & Children's Questions together with **THE ROMANIAN SKI FEDERATION** invite coaches in Romania and nearby nations to an International Coach Seminar in **CHEILE GRADISTEI** in Romania.

Coaches from other nations are also welcome to participate and the seminar will be suitable for all Nordic disciplines.



PRACTICAL INFORMATION

- All nations have to pay their own travelling cost and accommodation
- The seminar is for free
- The seminar is practical based and all coaches will be involved in the activity, discussions and learning sessions
- We will work in groups/plenum to discuss and share knowledge between nations

More info, program, prices and registration here:

<https://www.skiforbundet.no/fagportal/english/youth-and-children-coach-seminar/>

ACCOMMODATION – Cheile Gradistei

- ✓ 60 Euro/ person/day - double room
- ✓ 70 Euro/ person/ day - single room (inkl. breakfast, lunch, dinner)

Airport transfer – extra cost

